

Menus

School: Grundy County High School

Meal: All

Month: October 2025

Academic Year: 2025-26

October				
M	Tu	W	Th	F
29	30 Breakfast: Pancakes, Sausage, Syrup, Fruit, Apple Juice & Chocolate or White Milk HS Lunch: Hot Deli Turkey Sandwich, Fresh Veggie Medley, Ranch Dip, Fruit & Chocolate or White Milk	1 Breakfast: Berry Wild Smoothie, Banana Muffin, Orange Juice & Chocolate or White Milk HS Lunch: Chicken Mash Up Bowl, Bread w/ Margarine, Fruit & Chocolate or White Milk	2 Breakfast: Waffles, Syrup, Sausage Patty, Fruit, Grape Juice & Chocolate or White Milk HS Lunch: Spaghetti w/ Meat Sauce, Bread Stick, Green Beans, Carrots, Fruit & Chocolate or White Milk	3 Breakfast: French Toast Sticks, Syrup, Scrambled Eggs, Fruit, Apple Juice & Chocolate or White Milk HS Lunch: Grilled Chicken Sandwich, Baked Beans, Broccoli, Fruit & Chocolate or White Milk
6	7 Breakfast: Breakfast Pizza, Applesauce Cup, Orange Juice & Chocolate or White Milk HS Lunch: Cheese Burger on Bun, Dill Pickle Slices, Tuscan Veggie Blend, Fruit & Chocolate or White Milk	8 Breakfast: Lucky Charms, Strawberry Yogurt, Diced Peaches, Grape Juice & Chocolate or White Milk HS Lunch: Corn Dog, Mac & Cheese, Broccoli Florets, Black Beans, Fruit & Chocolate or White Milk	9 Breakfast: Egg & Cheese Croissant, Mixed Fruit, Apple Juice & Chocolate or White Milk HS Lunch: Mini Cheese Calzone w/ Marinara Sauce, Corn, Fruit & Chocolate or White Milk	10 Breakfast: Blueberry Muffin, Pancake, Sausage Patty, Banana, Orange Juice & Chocolate or White Milk HS Lunch: Turkey & Cheese Sub Sandwich, Veggie Slush, Apple Slices & Chocolate or White Milk
13	14 Breakfast: Toast, Egg Patty, Hashbrown. Fruit, Grape Juice & Chocolate or White Milk HS Lunch: Sloppy Joes, Dill Pickle Slices, Carrots, Peas, Fruit & Chocolate or White Milk	15 Breakfast: Pancakes, Sausage, Fruit, Apple Juice & Chocolate or White Milk HS Lunch: Chicken Quesadilla, Rice, Refried Beans, California Blend, Fruit & Chocolate or White Milk	16 Breakfast: Honey Bun, Yogurt, Fruit, Orange Juice & Chocolate or White Milk HS Lunch: Lasagna, Bread Stick, Lettuce Salad, Fruit & Chocolate or White Milk	17 Breakfast: French Toast Sticks, Sausage Patty, Egg Patty, Fruit, Grape Juice & Chocolate or White Milk HS Lunch: Pretzel Chick, Cheese Sauce, Fresh Veggie Medley, Fruit & Chocolate or White Milk
20	21 Breakfast: Apple Cinnamon Muffin, Cheese Stick, Fruit, Apple Juice & Chocolate or White Milk HS Lunch: Buffalo Chicken Tot Bake, Green Beans, Bread w/ Margarine, Fruit & Chocolate or White Milk	22 Breakfast: Chewy Granola Bar, Yogurt, Fruit, Orange Juice & Chocolate or White Milk HS Lunch: BBQ Pulled Pork Sandwich, Baked Beans, Cole Slaw, Fruit & Chocolate or White Milk	23 Breakfast: Waffles, Sausage Patty, Fruit, Grape Juice & Chocolate or White Milk HS Lunch: Popcorn Chicken w/ Sweet & Sour Dipping Sauce, Rice, Broccoli, Carrots, Bread w/ Margarine, Fruit & Chocolate or White Milk	24 Breakfast: Cheesy Egg Burrito, Fruit, Apple Juice & Chocolate or White Milk HS Lunch: Cheese Burger on Bun, Dill Pickle Slices, Sweet Potato Fries, Corn, Fruit & Chocolate or White Milk
27	28 Breakfast: Breakfast Pizza, Fruit, Orange Juice & Chocolate or White Milk HS Lunch: Chicken Tenders, Mashed Potatoes, Green Beans, Fruit & Chocolate or White Milk	29 Breakfast: Pancakes, Sausage, Egg Patty, Fruit, Grape Juice & Chocolate or White Milk HS Lunch: Chili, Crackers, Cheese, Broccoli, Oranges, Cinnamon Rolls & Chocolate or White Milk	30 Breakfast: Celebration Smoothie, Banana Muffin, Fruit, Apple Juice & Chocolate or White Milk HS Lunch: Chicken Nachos, Black Beans, Corn, Bread w/ Margarine, Fruit & Chocolate or White Milk	31 Breakfast: Apple Frudel, Apple Slices, Sun Butter, Orange Juice & Chocolate or White Milk HS Lunch: Hot Ham & Cheese Croissant Sandwich, Fries, Carrots & Celery, Fruit & Chocolate or White Milk